

A FRESH START

HUMMUS served with fresh seasonal vegetables & crostini **9.49**

SPINACH DIP served with tortilla chips & crostini **9.49**

CAULIFLOWER NACHOS crispy cauliflower tossed in our green chili sauce... topped with cheddar cheese, avocado & our spicy pear pico **7.79**

SPICY BLACK BEAN DIP topped with avocado & our spicy pear pico **7.99**

BLACK & BLUE BRUSSELS SPROUTS crispy brussels sprouts & bacon... topped with our spicy chipotle ranch & gorgonzola cheese **7.49**

BUFFALO CAULIFLOWER crispy cauliflower tossed in buffalo sauce... topped with gorgonzola cheese, carrots & celery **7.99**

TUKEE PEAR a crispy quesadilla filled with pears, bacon, arugula & pepper jack cheese served with a side of our southwest cream sauce **8.49**

HUMMUS NACHOS (SERVED COLD) crispy tortilla chips, hummus, feta cheese, diced tomatoes, red onions, cilantro, basil & our southwest cream sauce **8.79**

GREEN CHILI CHEESE DIP served with tortilla chips & crostini **7.99**

SOUP OF THE MOMENT please ask your server for details **5.49**

BORDER TOWN BITES 9.89

SERVED WITH A SIDE OF OUR SOUTHWEST BLACK BEANS

PACO'S PEAR TACOS roasted chicken, crispy bacon, cheddar cheese, avocado & sprouts... topped with our spicy pear pico & southwest cream sauce

CARNITAS TACOS roasted pulled pork & our cilantro cabbage slaw... topped with our spicy pear pico & southwest cream sauce

ROASTED BUTTERNUT SQUASH TACOS roasted butternut squash, caramelized onions, quinoa, arugula, feta cheese & black beans... topped with cilantro & our southwest cream sauce

BUFFALO CHICKEN TACOS spicy buffalo roasted chicken, gorgonzola cheese, cilantro cabbage slaw... topped with creamy ranch dressing

FALAFEL TACOS crispy falafel, hummus, dill pickles, sprouts & tomatoes... topped with feta cheese & our creamy pesto vinaigrette

FIELD OF GREENS 10.29

ADD CHICKEN 3 ■ FALAFEL 3 ■ SHRIMP 5 ■ SALMON* 5

Choice of **BABY SPRING MIX** or
our **HOUSE BLEND** of baby kale, spinach & arugula

PERFECT PEAR CLASSIC pears, dried cranberries, mint, red onions, gorgonzola cheese & toasted hazelnuts... tossed with our house cider vinaigrette

BAJA LIME black beans, roasted red peppers, red onions, avocado, cucumbers, cilantro, feta cheese & quinoa... tossed with our lime vinaigrette

STRAWBERRY FIELDS strawberries, crispy bacon, walnuts, red onions & gorgonzola cheese... tossed with our balsamic vinaigrette

PEAR COBB pears, crispy bacon, avocado, red onions, egg & gorgonzola cheese... tossed with our creamy pesto vinaigrette

WILD CHOP SALAD dried cranberries, feta cheese, quinoa, cucumbers, roasted red peppers, pears & sunflower seeds... tossed with our pesto vinaigrette

MEDITERRANEAN cucumbers, tomatoes, roasted red peppers, red onions, feta cheese & sunflower seeds... tossed with our mediterranean vinaigrette

ROASTED SPROUT roasted brussels sprouts, crispy bacon, red onions, feta cheese & pumpkin seeds... tossed with our creamy pesto vinaigrette

CABO SPICY COBB crispy bacon, roasted butternut squash, black beans, red onions, avocado, egg, pepper jack cheese, cilantro & sunflower seeds... tossed with our spicy chipotle ranch

FALL LEAVES roasted butternut squash, beets, crispy bacon, walnuts, quinoa & goat cheese... tossed with our cider vinaigrette

WRAP IT 10.59

SERVED WITH OUR SEASONAL SIDE, FRIES OR SWEET POTATO FRIES

Substitute **BOWL OF SOUP** or **HOUSE SALAD 2.89**

CHOOSE FROM ANY OF OUR SIGNATURE SALADS...

tossed with choice of roasted chicken or falafel... wrapped in a flour tortilla

QUINOA BOWLS 10.29

ADD CHICKEN 3 ■ FALAFEL 3 ■ SHRIMP 5 ■ SALMON* 5

MEXICALI (SERVED COLD) roasted butternut squash, black beans, avocado, egg, feta cheese, cilantro cabbage slaw, spicy pear pico & pumpkin seeds... drizzled with chipotle ranch

AUTUMN ROAST (SERVED COLD) roasted beets, butternut squash, black beans, avocado, goat cheese & sunflower seeds... drizzled with our pesto vinaigrette

BERRY AVOCADO (SERVED COLD) strawberries, avocado, arugula, mint, sunflower seeds, feta cheese & our cilantro cabbage slaw... drizzled with a sweet balsamic reduction

PEANUT COCONUT CURRY (SERVED HOT) broccoli, cauliflower & roasted red peppers... tossed with our peanut coconut curry sauce... topped with our cilantro cabbage slaw

GREEN GARDEN (SERVED HOT) roasted zucchini, broccoli, tomatoes, roasted red peppers & arugula... tossed with our garlic lemon sauce... topped with pesto & feta cheese

SIGNATURE GRILLED CHEESE 9.69

SERVED WITH OUR SEASONAL SIDE, FRIES OR SWEET POTATO FRIES

Substitute **BOWL OF SOUP** or **HOUSE SALAD 2.89**

Substitute *gluten free bread upon request*

PERFECTLY GRILLED CHEESE brie, a four cheese blend, arugula & crispy bacon... served on our grilled spiced pear bread

MUSHROOM MELT spinach, caramelized onions, mushrooms & four cheese blend... served on grilled parmesan crusted nine grain bread

PESTO tomatoes, arugula, four cheese blend & pesto sauce... served on grilled parmesan crusted nine grain bread

BACON & JALAPEÑO crispy bacon, roasted jalapeños, caramelized onions, arugula, a four cheese blend & our spinach dip... served on parmesan crusted nine grain bread

SANDWICHES

SERVED WITH OUR SEASONAL SIDE, FRIES OR SWEET POTATO FRIES

Substitute **BOWL OF SOUP** or **HOUSE SALAD 2.89**

Substitute *gluten free bread upon request*

MARBLED CUBAN roasted pulled pork, dill pickles, grain mustard & a four cheese blend... served on toasted marbled rye bread **10.59**

CHICKEN CLUB chicken, bacon, avocado, tomatoes, red onions, sprouts, gorgonzola cheese & chipotle aioli... served on toasted ciabatta bread **10.89**

FRENCH PANTRY chicken, brie, pears, red onions, arugula, grain mustard, balsamic glaze & a four cheese blend... served on a toasted french roll **10.59**

B'L'T'A bacon, spring mix, tomatoes, avocado & chipotle aioli... served on toasted focaccia bread **10.49**

CHICKEN PESTO chicken, roasted red peppers, tomatoes, feta cheese & pesto aioli... served on toasted ciabatta bread **10.59**

SOUTHWEST PHILLY thinly sliced sirloin, sautéed mushrooms, caramelized onions & our green chili cheese sauce... served on toasted ciabatta bread **10.89**

BAHN MI roasted pulled pork, cucumbers, carrots, sprouts, cilantro cabbage slaw, basil, chipotle aioli & asian ginger dressing... served on a toasted french roll **10.59**

QUAD CITY MELT thinly sliced sirloin, caramelized onions, sautéed mushrooms, tomatoes, a four cheese blend & chipotle aioli... served on toasted marbled rye bread **10.89**

PASTA 12.79

ADD CHICKEN 3 ■ FALAFEL 3 ■ SHRIMP 5 ■ SALMON* 5

Substitute *gluten free pasta upon request*

G-MA'S MAC cavatappi... tossed in our creamy cheese sauce... topped with crispy bacon

CREAMY MUSHROOM MARSALA rigatoni... tossed with caramelized onions, mushrooms & roasted garlic... topped with parmesan cheese

LEMON GARLIC LINGUINI linguini... tossed with broccoli, tomatoes, zucchini, arugula & our garlic lemon sauce... topped with fresh basil & parmesan cheese

TONI'S PERFECT PASTA rigatoni... tossed with zucchini, sautéed mushrooms, arugula & our roasted garlic alfredo sauce... topped with parmesan cheese

PESTO MAC & CHEESE cavatappi... tossed with roasted red peppers, caramelized onions, arugula & our cheesy pesto sauce... topped with feta cheese

TUSCAN RIGATONI roasted zucchini, roasted red peppers, sautéed mushrooms & caramelized onions... tossed with our signature red sauce... topped with feta cheese & basil

GREEN CHILI MAC cavatappi... tossed with roasted green chili cheese sauce... topped with crispy bacon

ROSEMARY ALFREDO linguini... tossed with zucchini, roasted red peppers & caramelized onions... topped with crispy bacon

CREAMY BUTTERNUT RIGATONI roasted butternut squash, caramelized onions, arugula... tossed with our signature creamy butternut squash sauce... topped with walnuts & bacon



THE PERFECT PEAR

YOUR CHOICE OF ANY...

½ SALAD & SOUP **10.69**

½ PASTA & SOUP **11.69**

½ SALAD & ½ PASTA **12.79**